



Ibogaine for Benzodiazepine

SERVICES AVAILABLE

- **IBOGAINE TREATMENT**
Safe, monitored and compassionate ibogaine treatments
- **PRE AND POST CARE**
We help you start your ibogaine journey on the right footing with our expert pre care and help you integrate afterwards
- **HOLISTIC THERAPIES**
Yoga, Pranayama, Meditation, Breathwork, Physical exercise, Healthy food
- **ON/OFF SITE COUNSELLING**
Our expert counsellors will hold space and guide you through your processes
- **NAIKAN THERAPY**
Naikan introspection therapy is a wonderful way to get back in touch with yourself
- **IRM**
FREE lifetime membership to the IRM – Ibogaine Recovery Movement online meetings and recovery community

“These drugs (benzos) are responsible for more pain, unhappiness and damage than anything else in our society.”

~Phil Woolas MP

First, the bad news. Iboga and ibogaine have little or no efficacy against benzodiazepine addiction.

Benzo addiction is caused by impairment in the gaba receptors: while one of iboga's constituent alkaloids – the tabernanthine – antagonises the gaba receptor, the interaction is not sufficient to interrupt addiction.

No one seriously considers iboga to be an addiction interrupting solution against benzo addiction. The only way to effectively come off a benzo addiction is via tapering.

However, if you are a poly substance user which includes benzos and another substance, we can effectively interrupt the other substance, while safely managing your benzo intake to ensure you don't suffer withdrawals.

We can then design a tapering programme for you and arrange periodic reviews of your progress.

