



Ibogaine for Dual Diagnosis Treatment

SERVICES AVAILABLE

- **IBOGAINE TREATMENT**

Safe, monitored and compassionate ibogaine treatments

- **PRE AND POST CARE**

We help you start your ibogaine journey on the right footing with our expert pre care and help you integrate afterwards

- **HOLISTIC THERAPIES**

Yoga, Pranayama, Meditation, Breathwork, Physical exercise, Healthy food

- **ON/OFF SITE COUNSELLING**

Our expert counsellors will hold space and guide you through your processes

- **NAIKAN THERAPY**

Naikan introspection therapy is a wonderful way to get back in touch with yourself

- **IRM**

FREE lifetime membership to the IRM – Ibogaine Recovery Movement online meetings and recovery community

“Nothing is impossible, the word itself says- I’m Possible.”
~ Audrey Hepburn

People suffering from addiction can sometimes also have an emotional or mental disorder. This indicates a need for dual diagnosis treatment. While ibogaine is proven as a means to interrupt substance abuse, it can also have beneficial effects on parallel emotional or mental problems. Such cases can be dealt with more efficiently if both the addiction and the underlying emotional/mental issue are addressed at the same time. Through out innovative use of holistic therapies from yoga, meditation, bodywork massage, equine therapy can help reset the nervous system and open up a pathway to a different and far more positive future. Of the more common emotional and mental disorders, most are treatable with ibogaine, the exception being schizophrenia that can exacerbated by iboga. Bipolar disorder, obsessive-compulsive disorder (OCD), PTSD and

antisocial personality disorder can all be tackled well with ibogaine. It does not matter which arose first, the drug addiction or the mental/emotional disorder, both issues can benefit from ibogaine treatment. While many treatment centres focus on the detox approach to fighting addiction, our holistic approach means we can focus on addiction interruption and resetting the nervous system and emotional structures at the same time. This means we are ideally placed to offer dual diagnosis treatment as we have the recovery apparatus already in place. Once Ibogaine has helped you find your pre-addictive state, support is paramount as you strive to stay there. While this role of family and friends is important, the immediate support of our trained, loving and compassionate Tabula Rasa Retreat team is also essential.

