

“Ellen: I've got it under control. Nothing bad's gonna happen.

Kelly: How many people do you think are down there? Like 2 million? I bet a bunch of them who are about to die just said the exact same thing.”

~ To the bone

Ibogaine for Eating Disorders

SERVICES AVAILABLE

- **IBOGAINE TREATMENT**

Safe, monitored and compassionate ibogaine treatments

- **PRE AND POST CARE**

We help you start your ibogaine journey on the right footing with our expert pre care and help you integrate afterwards

- **HOLISTIC THERAPIES**

Yoga, Pranayama, Meditation, Breathwork, Physical exercise, Healthy food

- **ON/OFF SITE COUNSELLING**

Our expert counsellors will hold space and guide you through your processes

- **NAIKAN THERAPY**

Naikan introspection therapy is a wonderful way to get back in touch with yourself

- **IRM**

FREE lifetime membership to the IRM – Ibogaine Recovery Movement online meetings and recovery community

Most discussions of eating disorders tend to focus on positive and negative body images, the fashion industry, and an obsession with weight loss. But the renowned physician Dr. Gabor Mate would argue that eating disorders fall into the realm of addiction. As he puts it; “I have never met an anorexic or bulimic who was not a traumatized person...a person who is desperately trying to exert some control over themselves.”

Dr. Mate's fascinating philosophy of addiction posits that all addictions have their roots in early childhood experience, as our nervous and hormonal systems find ways to adapt to stress, wiring our brains' developing systems of desire and reward in certain specific ways.

Those with eating disorders are seeking either a sense of pleasure or an escape from inner pain through

their relationship with food, in the same manner and with the same mental processes and responses as a heroin addict seeks release through the drug.

Ibogaine is a powerful, oneirogenic (meaning that it produces a waking dream state), plant-based medicine. Ibogaine has been proven to increase levels of GDNF, a protein which is produced by the brain in early childhood.

For those suffering from eating disorders, GDNF has the potential to dramatically impact treatment outcomes. Its ability to create new ways of looking at the world, and neural pathways which respond to stress, pain, control, and pleasure in different ways can make all the difference in developing a healthy relationship with food, and escaping the cycle of emotional eating.

