

Ibogaine for Anhedonia

SERVICES AVAILABLE

- **IBOGAINE TREATMENT**

Safe, monitored and compassionate ibogaine treatments

- **PRE AND POST CARE**

We help you start your ibogaine journey on the right footing with our expert pre care and help you integrate afterwards

- **HOLISTIC THERAPIES**

Yoga, Pranayama, Meditation, Breathwork, Physical exercise, Healthy food

- **ON/OFF SITE COUNSELLING**

Our expert counsellors will hold space and guide you through your processes

- **NAIKAN THERAPY**

Naikan introspection therapy is a wonderful way to get back in touch with yourself

- **IRM**

FREE lifetime membership to the IRM – Ibogaine Recovery Movement online meetings and recovery community

“Anhedonia, I used to believe, was a symptom of depression, but now I think it's a cause.” - Andrew Solomon

Anhedonia is a symptom of depressive disorders characterized by the inability to experience pleasure from activities one previously enjoyed. Traditional therapies such as antidepressant medication and Electroconvulsive Therapy (ECT) have been used. However, research shows those with anhedonia are more neurologically resistant to the effectiveness of antidepressants. Alternative treatments for depression have been gaining popularity, with ibogaine being effective in treating physical (internal) issues stemming from impaired brain functionality, such as anhedonia.

During a full dose of ibogaine, the patient goes on a deeply introspective and visual journey lasting anywhere

from eight to twelve hours. During this time, ibogaine works on the brain's mesolimbic pathways, increasing serotonin and dopamine release in regions such as the nucleus accumbens, striatum, and the prefrontal cortex.

Ibogaine is effective in treating mental health issues where the origin is related to the brain's neurological and chemical function. Furthermore, its benefits to neurotransmitters are felt long after a single treatment.

If you are suffering from prolonged depression and were diagnosed with anhedonia, you may consider ibogaine treatment, and can contact us to help decide if ibogaine is best for you.

