

# Ibogaine for Mental Illness

## SERVICES AVAILABLE

- **IBOGAINE TREATMENT**

Safe, monitored and compassionate ibogaine treatments

- **PRE AND POST CARE**

We help you start your ibogaine journey on the right footing with our expert pre care and help you integrate afterwards

- **HOLISTIC THERAPIES**

Yoga, Pranayama, Meditation, Breathwork, Physical exercise, Healthy food

- **ON/OFF SITE COUNSELLING**

Our expert counsellors will hold space and guide you through your processes

- **NAIKAN THERAPY**

Naikan introspection therapy is a wonderful way to get back in touch with yourself

- **IRM**

FREE lifetime membership to the IRM – Ibogaine Recovery Movement online meetings and recovery community

“If you are depressed you are living in the past. If you are anxious you are living in the future. If you are at peace you are living in the present.”

~Lao Tzu

Ibogaine resets key neurotransmitter networks in the brain and gives you an opportunity to begin again, more in balance with your body, your needs and those you love and who love you. There are several forms of mental illness that can be effectively treated with ibogaine. Sufferers of **PTSD**, eating disorders, depression, bipolar disorder, obsessive-compulsive disorder, unwanted habitual behaviour, anxiety and panic disorders can all be treated with ibogaine. Ibogaine can lead to an increase in serotonin levels in the brain, leading to a sense of wellbeing and possibility after a difficult period.

Apart from the often intense initial few hours under the influence of ibogaine, the molecule leads you next to an

introspective waking-dream phase which can last several hours.

This often can take the client back to scenes early in their life – moments of trauma or the source of feelings of abandonment. However, instead of experiencing these events again and repeating the trauma, ibogaine allows you to look more objectively at what happened and to dissociate from the origin of your pain.

If you are suffering from a mental illness and are seeking an alternative to western medicine in a safe medical setting with a supportive range of holistic therapies, talk to us.

