

“Recovery is about
progression, not
perfection.”
~ Anon

Ibogaine for

Methadone

SERVICES AVAILABLE

- **IBOGAINE TREATMENT**
Safe, monitored and compassionate ibogaine treatments
- **PRE AND POST CARE**
We help you start your ibogaine journey on the right footing with our expert pre care and help you integrate afterwards
- **HOLISTIC THERAPIES**
Yoga, Pranayama, Meditation, Breathwork, Physical exercise, Healthy food
- **ON/OFF SITE COUNSELLING**
Our expert counsellors will hold space and guide you through your processes
- **NAIKAN THERAPY**
Naikan introspection therapy is a wonderful way to get back in touch with yourself
- **IRM**
FREE lifetime membership to the IRM – Ibogaine Recovery Movement online meetings and recovery community

Methadone is a long acting opiate, typically used as a part of a mainstream treatment programme, as a substitute for street heroin. Methadone-assisted-treatment can help provide stability and safety, enabling people with addiction to lead more functional lives away from participating in criminal activities by buying illegal drugs. However, the reality is that people on methadone programmes are still living with an addiction, albeit often in a more controlled and manageable situation. For some, this is tolerable and certainly better than the dangers of buying heroin off the street. For many others, life on methadone can ultimately be just as miserable an existence as before on heroin. They can feel restless, irritable, tired, nauseous and depressed, and in the worst cases, suicidal. In addition, many on methadone continue to use other drugs or pharmaceuticals to achieve the desired state of euphoria that methadone denies. What makes methadone even more problematic is trying to come off it.

The cold turkey is even worse than coming off heroin, lasting up to a month with full blown withdrawal symptoms such as vomiting, abdominal cramps, diarrhoea, runny nose, anxiety, insomnia, muscle aches, agitation, sweating and goose bumps.

Ibogaine offers a genuine solution for those who want to break the chains of methadone addiction. Ibogaine rests the reward pathways in the brain, whether these have been conditioned by heroin or methadone addiction. It is common for ibogaine to eliminate withdrawal symptoms within 30 minutes of consumption.

Ibogaine treatment for methadone requires careful planning and preparation, and your provider must have the necessary experience. Since methadone is a long acting opiate, you cannot simply be treated with ibogaine immediately after stopping the methadone. Instead, patients are switched to short acting opiates (such as morphine sulphate) immediately prior to ibogaine treatment.

