

“Life or Crystal
meth?”
~ Anon

Ibogaine for Methamphetamine

SERVICES AVAILABLE

- **IBOGAINE TREATMENT**

Safe, monitored and compassionate ibogaine treatments

- **PRE AND POST CARE**

We help you start your ibogaine journey on the right footing with our expert pre care and help you integrate afterwards

- **HOLISTIC THERAPIES**

Yoga, Pranayama, Meditation, Breathwork, Physical exercise, Healthy food

- **ON/OFF SITE COUNSELLING**

Our expert counsellors will hold space and guide you through your processes

- **NAIKAN THERAPY**

Naikan introspection therapy is a wonderful way to get back in touch with yourself

- **IRM**

FREE lifetime membership to the IRM – Ibogaine Recovery Movement online meetings and recovery community

The highs resulting from methamphetamine use such as heightened energy levels, euphoria, racing blood pressure, talkativeness and irritability are all accompanied by an increased heart rate. Ibogaine decreases the heart rate so we ask meth users to stop taking the drug at least 3 days before arrival at Tabula Rasa Retreat. All other stimulants such as cocaine, crack, Ritalin, ephedra, Adderall, Vyvanse and other ADHD treatments must also be avoided.

Other effects of meth use include bowel loosening, nausea, sweating, violence, appetite suppression, increased body temperature and jaw clenching. With side effects such as these during use, we can easily imagine the severity of the withdrawal symptoms. Ibogaine can help bypass these.

It is believed that Ibogaine rebuilds the Methamphetamine destroyed synapse pathways.

Once this takes effect, there is a sharp decline in the need to use the drug. There follows dissipation in the intensity of cravings for Methamphetamine. Not all those treated by ibogaine will experience their cravings fading completely. It is important to be aware of the possibility that they may linger in some form. It is here that our holistic treatment programme will make a difference. Implemented by a strong support team, our aftercare plan means the road to a more positive future post-Ibogaine is not travelled alone. Find the right detox for you at Tabula Rasa Retreat. We provide a withdrawal-free escape from Methamphetamine that brings clarity of thought – allowing you to map a route toward a fresh start. Seize the opportunity to return to 'Go' but this time taking all the right moves – with the Tabula Rasa team alongside you every step of the way.

